

COVID-19 Vaccines

Get the Shot!

The COVID-19 virus is very contagious, and it can cause severe illness. For some people, infection leads to long COVID, and they feel sick for months. In some cases, the virus can be fatal. It is important to protect yourself and the people around you by getting the current vaccine.

Why get a COVID-19 vaccine?

- Getting a COVID-19 vaccine can prevent you from becoming seriously ill or dying from COVID-19.
- It can reduce the spread of the virus.
- When most people are vaccinated, it reduces the chances of the virus mutating into a more severe or more contagious variant.

Are the vaccines safe?

- Yes. COVID-19 vaccines are proven to be safe and effective.
- Millions of people have safely received the vaccines.
- If you have concerns about vaccine safety, talk to your health care provider.

Are there side effects from the vaccine?

- Yes, but common side effects are minor, such as:
 - ✓ pain at the injection site
 - ✓ nausea
 - ✓ fever
 - ✓ muscle aches
 - ✓ fatigue and headaches
- Most side effects last about a day or two. If they persist, you should call your doctor.

Do I still need the vaccine if I've already had COVID-19?

- Yes. You should get an updated COVID-19 vaccine even if you already had COVID-19.
- Getting an updated vaccine provides added protection against the virus that causes COVID-19.
- If you recently had COVID-19, you still need to stay up to date with your vaccines, but you may consider delaying your vaccine dose by 3 months.



🦠 Which vaccine should I get?

- For children under 12, certain vaccines are recommended. Ask your health care provider which is best for the child's age and vaccination history.
- For people 12 and older, all COVID-19 vaccines are safe and effective at preventing severe illness.

🦠 Will I need to get vaccinated against COVID-19 more than once?

- Yes. It is recommended that people get updated vaccines when they become available each year. The updated vaccines will help protect against the current variants that are circulating.



🦠 Will a COVID-19 vaccine give me COVID-19?

- No. You cannot get COVID-19 from any of the vaccines.
- The vaccines do not contain any live virus.

🦠 What else can I do to protect myself and others against COVID-19?

- Improve ventilation during gatherings. Choose outdoor events when possible.
- Wash your hands often.
- If you have symptoms, test for COVID-19. If you test positive, isolate for at least 5 days.
- If you are high risk for severe illness, contact your doctor right away. Ask about medications that can reduce the severity of the illness.
- Wear a mask while indoors in a public area, regardless of vaccination status if you:
 - ✓ are in an area with a high level of community spread.
 - ✓ have a weakened immune system, due to medications or a health condition.
 - ✓ live with someone who is at high risk for severe disease, or someone who is not vaccinated.
 - ✓ are sick and need to be around others, or are caring for someone who has COVID-19.



Getting vaccinated against COVID-19 is one of the best ways to protect yourself, your family and community from the disease.

To find out where you can get a vaccine, contact your local public health department or community health center.

For more information, visit www.cdc.gov.

Stay safe—protect yourself and others from COVID-19!



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