

# ☰ Senior Services Directory

Limestone County, Alabama

2012



**Limestone County Council on Aging**  
**912 West Pryor Street**  
**Athens, Alabama 35611**

**(256) 233-6412**

## Emergency Numbers

|  |  |
|--|--|
| <b>Fire – Police – Ambulance                      911</b>  |  |
| <b>Non-Emergency Numbers<br/>(For Information only)</b>  |  |
| Ardmore AL/TN Chamber of Commerce<br>Ardmore Municipal Court<br>Ardmore Police Department  | 256-423-7588<br>256-423-3011<br>256-423-2146   |
| Ambulance Service<br>Athens-Limestone Hospital<br>Athens Police Department<br>City of Athens   | 256-232-2525<br>256-233-9292<br>256-233-8700<br>256-233-8720   |
| <b>Emergency Management Agency (EMA)</b>   | 256-232-2631   |
| <b><u>Fire Departments</u></b><br>Athens<br>Ardmore<br>Clements<br>East Limestone<br>Goodsprings<br>Pleasant Grove<br>Piney Chapel<br>West Limestone | 256-233-8710<br>256-423-2401<br>256-729-6057<br>256-232-5795<br>256-233-5939<br>256-729-1471<br>256-233-2300<br>256-233-5544 |
| Poison Control   | 800-222-1222   |
| Rescue Squad   | 256-232-6574   |
| Sheriff (Limestone County)   | 256-232-0111   |

## Emergency Personal Health Record

Name: \_\_\_\_\_  
Last
First
Middle

Date of Birth \_\_\_/\_\_\_/\_\_\_ Gender: Male Female Weight \_\_\_ Blood Type \_\_\_\_\_

| <u>Primary Health Insurance Carrier</u> |         | <u>Secondary Health Insurance Carrier</u> |         |
|---|---------|---|---------|
| Name of Insured:                        |         | Name of Insured:                          |         |
| Insurance Company                       |         | Insurance Company                         |         |
| Phone (     )                           |         | Phone (     )                             |         |
| Policy #                                | Group # | Policy #                                  | Group # |

### Physician Information

|                         |        |
|-------------------------|--------|
| Primary Care Physician: | Phone: |
| Other physician:        | Phone: |
| Other physician:        | Phone: |
| Hospital Preference:    | Phone: |

### Emergency Contact

Name: \_\_\_\_\_

Phone No: \_\_\_\_\_ Phone No: \_\_\_\_\_

Name: \_\_\_\_\_

Phone No: \_\_\_\_\_ Phone No: \_\_\_\_\_

Allergies: (Food, medication, environmental, other)

| Type of Allergy | Typical Reaction | Treatment |
|-----------------|------------------|-----------|
|                 |                  |           |
|                 |                  |           |
|                 |                  |           |

MEDICATIONS

| Medication | Dose | Frequency | Reason for Taking | <u>Prescribing Physician</u> |
|------------|------|-----------|-------------------|------------------------------|
|            |      |           |                   |                              |
|            |      |           |                   |                              |
|            |      |           |                   |                              |
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|            |      |           |                   |                              |
|            |      |           |                   |                              |
|            |      |           |                   |                              |

Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_

OVER THE COUNTER MEDICATION

| Medication | Dose | Frequency | Reason for taking |
|------------|------|-----------|-------------------|
|            |      |           |                   |
|            |      |           |                   |
|            |      |           |                   |
|            |      |           |                   |
|            |      |           |                   |

|  |
|--|
| <u>Other necessary information/special needs</u> |
|  |

Athens-Limestone County  
Council on Aging  
(256) 233-6412  
912 West Pryor Street  
Athens, Alabama

Transportation is available Monday through Friday for medical appointments and to the Centers. Those who require special attention (wheelchair) have the opportunity to schedule our wheelchair van on Mondays and Wednesdays. Our shopping route runs on Tuesdays and Thursdays for those in the city limits.

In-Home Services are designed to meet the needs for seniors and the disabled who otherwise would need to be served in nursing homes. Our goals are for our Seniors to keep their independence by providing services that allow them to live in their own homes in the communities they love for as long as they can.

- Meals on Wheels provide one nutritious meal Monday – Friday, year round (some holidays excluded). This service is for the elderly who cannot prepare meals or do not have anyone to cook for them.
- The Nutrition and Activity Centers around the county provide opportunities for education, fellowship, and recreation. Activities are scheduled such as: Line Dancing, Bingo, Live Music, Exercise, Games, and Trips. Contact the senior center nearest you.

Medicare Part D Counseling/SHIP help is available year round. We can help with your enrollment, questions concerning Medicare and help apply for extra help if requirements are met. To make an appointment or for more information contact SHIP/Coordinator Jennifer Reece at 256-233-6412.

SeniorX Program helps those 55 and older who meet requirements to get free or reduced prescription drugs through different companies. For more information contact Lauri King at 256-233-6412.

Note:

*The purpose of this directory is to provide Limestone County Seniors with a comprehensive listing of available services. This directory is not intended as an endorsement; it has been compiled solely for your convenience to find agency resources and services.*

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| <p>AIDS Action Coalition<br/> P.O. Box 871<br/> Huntsville, AL 35801<br/> 600 St. Clair Avenue, Building Six, Suite 14<br/> Huntsville, AL</p>   | <p>256-536-4700</p>                                  |
| <p>Alabama Breast and Cervical Cancer Program<br/> Morgan County Health Department<br/> Decatur, AL</p> <p>Cervical Cancer and Breast Screening for<br/> Women 40-64</p>   | <p>(256) 353-7021<br/> Fax #<br/> (256) 353-7901</p> |
| <ul style="list-style-type: none"> <li>● Alabama Institute for the Deaf and Blind<br/> 600 St. Clair Ave. Building 2<br/> Huntsville, AL 35801</li> <li>● Interpreter, sign language classes, lending li-<br/> brary, grocery program, information and refer-<br/> ral. Also have an early intervention program.<br/> Must be sight or hearing impaired<br/> <a href="http://www.aidb.org">www.aidb.org</a></li> </ul> | <p>(256)539-7881<br/> Fax #<br/> (256)532-0942</p>   |
| <p>Alabama Quality Assurance Foundation<br/> Two Perimeter Park S. Suite 200W<br/> Birmingham, AL 35243<br/> (Medicare Peer Review Organization for State<br/> of Alabama)</p>   | <p>205-970-1600<br/> 800-760-4550</p>                |
| <p>Alabama Rehabilitation Services<br/> Huntsville District Office<br/> 3000 Johnson Road<br/> Huntsville, AL 35805</p>  | <p>1-256-650-1702<br/> 1-800-283-9352</p>            |

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| <p>Alabama Veterans Museum and Archives<br/>100 Pryor Street<br/>Athens, AL 35611</p>   | <p>1-256-771-7578</p>  |
| <p>Alcoholics Anonymous<br/>518 South Clinton Street<br/>P.O. Box 124<br/>Athens, AL 35612</p>  | <p>256-866-5598</p>  |
| <p>Alzheimer/Dementia Support Group<br/>Meets 4<sup>th</sup> Monday each month at<br/>912 West Pryor Street in Athens, AL</p>   | <p>256-232-8697</p>  |
| <p>Ambulance Service<br/>Athens-Limestone Hospital<br/>West Market St.<br/>P.O. Box 999<br/>Athens, AL 35612</p>  | <p>911<br/>256-233-9159<br/>256-232-2525<br/>(Emergencies)</p>           |
| <p>American Cancer Society<br/>2515B Memorial Parkway, SW<br/>Huntsville, AL 35801</p> <p>2745 Bob Wallace Ave., Suite A<br/>Huntsville, AL 35805</p> <p>Limestone County Support Group meets 2<sup>nd</sup><br/>Tuesday each month.<br/><a href="http://www.cancer.org">www.cancer.org</a></p> | <p>Huntsville<br/>(256-536-1855)</p> <p>Huntsville:<br/>256-535-1088</p> |
| <p>American Diabetes Association<br/>Huntsville Chapter<br/>117-C Long Wood Drive SE<br/>Huntsville, AL 35801</p>   | <p>256-539-4404</p>  |



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| <p>Arthritis Foundation<br/>2700 Highway 280 E., Suite 180<br/>Birmingham, AL 35223</p>   | <p>256-837-5177</p>  |
| <p>Athens Lions Club</p>  | <p>256-232-8734</p>  |
| <p>Auburn University Extension System<br/>(Limestone County)<br/>Suite A<br/>1109 W. Market St.<br/>Athens, AL 35611</p>                              | <p>256-232-5510</p>  |
| <p>Better Business Bureau of North Alabama<br/>107 Lincoln St.<br/>Huntsville, AL</p>   | <p>256-533-1640</p>  |
| <p>Better Business Bureau Serving Morgan, Lime-<br/>stone and Lawrence Counties<br/>254 East Moulton Street<br/>Decatur, AL 35611</p>                 | <p>256-355-2226<br/>256-355-5170 Fax</p>                                 |
| <p>CASA of Limestone County<br/>P.O. Box 749<br/>Athens, AL 35612<br/>email: <a href="mailto:casalimestone@gmail.com">casalimestone@gmail.com</a></p> | <p>256-777-1038</p>  |
| <p>Chamber of Commerce (Athens-Limestone)<br/>101 S. Beaty Street<br/>Athens, AL</p>  | <p>256-232-2600<br/><a href="http://www.acola.org">www.acola.org</a></p> |



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| <p>Churches Involved (Limestone County – LCCI)<br/>         201 N. Jefferson St.<br/>         Athens, AL 35611</p>   | <p>256-262-0671</p> |
| <ul style="list-style-type: none"> <li>● Civitan (Athens)</li> <li>● P.O. Box 669</li> <li>● Athens, AL 35611</li> </ul>   | <p>256-232-0344</p> |
| <p>Community Action<br/>         409 South Marion Street<br/>         Athens, Alabama</p>  | <p>256-233-3905</p> |
| <p>Consumer Protection Agency</p>  | <p>800-392-5658</p> |
| <p>Corporation for National Services (State Office)<br/>         Medical Forum<br/>         9502 2<sup>nd</sup> Street North Suite 4288<br/>         Birmingham, AL 35203<br/>         (RSVP – Foster Grandparents – Senior Com-<br/>         panions)</p> | <p>205-731-0027</p> |

Council on Aging (Limestone County)  
912 West Pryor Street  
Athens, Alabama

256-233-6412

**Senior Centers of Limestone County**

Ardmore Senior Center  
26265 First Street  
Ardmore, AL 35739

256-423-2099

Athens Senior Center  
912 W. Pryor St.  
Athens, AL 35611

256-233-6412

East Limestone Senior Center  
25820 Nick Davis Road  
Athens, AL 35613

256-230-2829

Elkmont Senior Center  
25460 Railroad Street  
Elkmont, AL 35620

256-732-4777

Goodsprings Senior Center  
33620 Old Highway 99  
Anderson, AL 35610

256-232-0813

Owens Senior Center  
20011 Ala. Hwy. 99  
Athens, AL 35614

256-230-2753

Tanner Senior Center  
13589 Lucas Ferry Road  
Athens, AL 35611

256-230-6400

|   |  |
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| <p>Crisis Services of North Alabama<br/> P.O. Box 368<br/> Huntsville, AL<br/> HELP line – 24 hour crises line, suicide prevention/intervention, rape and sexual assault intervention and prevention/education; First Responder ride-along program; Legal services to domestic violence victims;<br/> HOPE place – Comprehensive domestic violence services to victims and their families</p> | <p>256-232-0280</p> <p><a href="http://www.csna.org">http://www.csna.org</a></p> |
| <p>Department of History and Archives<br/> 102 West Washington St.<br/> Athens, AL 35611<br/> limestonearchives.com</p>   | <p>256-233-6404</p>  |
| <p>Department of Human Resources (DHR)<br/> 1007 West Market Street<br/> P.O. Box 830<br/> Athens, AL 35612</p>   | <p>256-216-6380</p>  |
| <p>Disabled American Veterans (D.A.V.) Auxiliary<br/> P.O. Box 828<br/> Athens, AL 35612</p> <p>D.A.V. Building – Airport Road</p>  | <p>256-230-6164</p>  |
| <p>Domestic Violence Intervention Program<br/> Professional Counseling Service<br/> 2042 Beltline RD. SW Suite 410 Building C<br/> Decatur, AL</p> <p>(12 group meetings - \$25 per meeting)</p>  | <p>256-355-7977</p>  |

Elder Abuse Hotline (State DHR)  
50 Ripley Street  
Montgomery, AL 36130

1-334-353-4174  
1-800-458-7214

Family Resource Center

256-230-0880

## Food

Department of Human Resources  
– Food Stamps

256-216-6380

Churches Involved

256-262-0671

House of Friendship Food Pantry

256-232-4906

Tanner Food Bank – 20086 Swanner Blvd.  
Tanner, AL

256-230-6311

Friends of the Library

256-232-9394

Guillain Barre Syndrome/CIDP Foundation

256-883-6722

Habitat for Humanity of Athens-Limestone  
County  
700 Brownsferry Street  
P.O. Box 217  
Athens, AL 35612

256-230-6001



Health Department (Limestone County)  
20371 Clyde Mabry Drive  
Athens, AL 35612

256-232-3200  
256-232-6632

For certified copies of vital records:  
Alabama Center for Health Statistics  
P.O. Box 5625  
Montgomery, AL 36103-5625  
[www.cdc.gov/nch](http://www.cdc.gov/nch)

334-206-5418

## Home Health

Athens-Limestone Homecare  
204 Durham Drive  
Athens, AL 35611  
[www.lhcgroup.com](http://www.lhcgroup.com)

256-233-9533

Athens-Limestone Hospital Home Health  
661 US Highway 72 W  
Athens, AL 35611

256-233-9533

Caring Senior Service  
103 Cloverleaf Drive, Suite 15  
Athens, AL 35611

256-278-4046  
256-206-7002

Limestone County Home Health Care  
20381 Clyde Mabry Dr.  
Athens, AL 35611

256-230-0434

Mid South Home Health  
905 S. Clinton St. Unit A  
Athens, AL 35611

256-232-9180

Oxford Healthcare  
802 US Highway 72 W Ste B  
Athens, AL 35611

256-233-0461

Visiting Angels  
300 W. Green St.  
Athens, AL 35611

256-233-5030  
256-309-0330

Hospice of Limestone County, Alabama  
405 S. Marion St.  
Athens, AL 35611

256-232-5017  
256-230-0085 Fax

## Hospitals

Athens-Limestone Hospital  
700 West Market Street  
Athens, AL

256-233-9292

Crestwood Medical Center  
1 Hospital Drive SW  
Huntsville, AL

256-429-4560

Decatur General Hospital  
1202 7<sup>th</sup> St. SE  
Decatur, AL 35601

256-306-4000

Huntsville Hospital  
101 Sivley Road  
Huntsville, AL

256-265-1000

Madison Hospital  
Highway 72  
Madison, AL

256-265-2012

Parkway Medical Center  
1847 Beltline Road  
Decatur, AL 35601

256-320-2211



## Housing

Athens Manor Apartments  
220 South Hine St.  
Athens, AL 35611

256-233-6060

Bonnie Doone Apartments  
100 East Sandefer Road  
Athens, AL 35611

256-233-0921

Branch Creek Apartments  
218 South Hines St.  
Athens, AL 35611

256-233-2620

Elmwood Apartments  
1410 East Elm Street  
Athens, AL 35611

256-232-0110

Habitat for Humanity  
700 Brownsferry Street  
Athens, AL 35611

256-230-6001

Housing Authority of the City of Athens  
5<sup>th</sup> Avenue Apartments, Building J  
Athens, AL 35611

256-232-5300

Montclair Apartments  
17984 Arrowhead Circle  
Athens, AL 35611

256-216-9091

Owens Court Apartments  
Elk River Mills Road  
Athens, AL

256-593-9164

Woodridge Apartments  
1200 Woodridge Drive  
Athens, AL 35611

256-233-2173

## Temporary Housing

Tennessee Valley Outreach  
2117 Old Moulton Heights Road  
Decatur, AL  
(For transients and destitute)

256-350-5226



## Insurance

Blue Cross/Blue Shield C Plus

800-267-2955

First Community

256-729-1625

Limestone County Council on Aging

256-233-6412

Medicare

256-830-0818

National Association of Retired Federal Employees (NARFE)

800-633-4227

800-436-2048

SHIP - State Health Insurance Program

800-772-1213

Social Security

800-325-0778

Kidney Association (Athens-Limestone)  
P.O. Box 417  
Athens, AL 35612

256-232-3399

Learn to Read Council  
110 Thomas St.  
Athens, AL 35611

256-230-3050

## Legal Services

Legal Services of Alabama  
Athens Location  
Crisis Services Building  
310 South Marion Street  
Athens, AL  
(2<sup>nd</sup> and 4<sup>th</sup> Thursday 9 – 12)  
(A non-profit corporation which provides  
free legal assistance in certain civil non-fee  
generating cases.) Based on income,  
assets and family size.

888-741-7129

TARCOG (Area Agency on Aging)  
LaTanya Rhines, Elder Law Attorney  
Council on Aging (Monthly)

256-716-2443

256-233-6412

Leukemia & Lymphoma Society  
100 Chase Park South  
Suite 220  
Birmingham, AL 35244

205-989-0098  
205-989-0099 Fax  
888-560-9700

## Libraries

Athens Limestone Public Library  
405 E. South Street  
Athens, AL 35611

256-232-1233

Houston Memorial Library  
101 North Houston Street  
Athens, AL

256-233-8770



|   |  |
|---|--|
| <p>Lung Association of Alabama<br/>2200 Riverchase Circle, Ste. 604<br/>Birmingham, Alabama 35244</p>   | <p>800-586-4872</p>  |
| <p>MADD of Limestone County<br/>310 Memorial Drive<br/>Athens, AL 35611</p>   | <p>256-232-2961</p>  |
| <p>March of Dimes<br/>502 Cleveland Ave<br/>Huntsville, AL 35801</p>  | <p>256-532-0500<br/>(Huntsville)<br/>256-824-0103<br/>(Bham)</p>             |
| <p><b><u>Medicaid (Alabama)</u></b></p> <p>● District Office<br/>● 6515 University Drive, Suite # B<br/>● Huntsville, AL 35806</p> <p><u>To apply in Limestone County:</u><br/>A – K Limestone County Health Department<br/>L – Z Athens-Limestone Hospital</p> | <p>800-362-1504</p> <p>256-232-3200<br/>256-233-9292</p>                     |
| <p><b><u>Medicare</u></b><br/>Medicare</p> <p>Alabama Quality Assurance Foundation<br/>Two Perimeter Park South, Suite 200 W<br/>Birmingham,<br/>(Answers questions about Medicare, or<br/>concerns about the medical quality of medical<br/>care received)</p> | <p>800-633-4227</p> <p>205-970-1600<br/>800-760-3540 or<br/>800-Medicare</p> |

## Mental and Emotional Health

Alabama Psychotherapy and Wellness  
3 Office Park Circle, Suite 115  
Mountain Brook, AL 35223

205-912-2000  
Fax # 945-1890

Athens Limestone Counseling Center  
1307 E. Elm Street  
Athens, AL 35611

256-232-3661  
256-230-0139 (Fax)

Department of Mental Health and Mental  
Retardation  
RSA Union Building  
100 North Union Street  
Montgomery, AL

1-800-367-0955

Albany Clinic Adult Program  
1316 Somerville Road SE  
Decatur, AL

256-350-1935

Mental Health and Mental Retardation  
4110 Hwy 31 South  
Decatur, AL 35603

256-355-6091

National Alliance on Mental Illness (NAMI)  
Arlington, VA 22203

256-534-2628

Summit Psychotherapy P.C.  
3330 L&N Dr. Suite A  
Huntsville, AL 35801

256-880-7173  
256-880-7178 (Fax)

Multiple Sclerosis Society – Alabama Chapter  
3840 Ridgeway Drive  
Birmingham, AL 35209  
(Provide support services and research on behalf of  
persons with MS and their family members and  
friends)

205-879-8881  
800-344-4867

[www.nationalmssociety.org/alc](http://www.nationalmssociety.org/alc)

|   |                                       |
|---|---------------------------------------|
| <p>Muscular Dystrophy Association<br/> 700 Century Park South Suite 129<br/> Birmingham, AL 35226<br/> <a href="http://www.mdausa.org">www.mdausa.org</a></p>                 | <p>800-525-6793<br/> 205-823-8191</p> |
| <p>Narcotics Anonymous<br/> <a href="http://www.na.org">www.na.org</a><br/> <br/> Non-profit fellowship or society for anyone for whom drugs have become a major problem.</p> | <p>1-800-239-5509</p>                 |
| <p><b><u>Nursing Homes/Assisted Living</u></b></p>  |                                       |
| <p>Athens Rehab and Senior Care<br/> 611 West Market Street<br/> Athens, AL</p>   | <p>256-232-1620</p>                   |
| <p>Senior Rehab and Recovery<br/> 1600 West Hobbs Street<br/> Athens, AL 35611</p>  | <p>256-232-3461</p>                   |
| <p><u>Assisted Living:</u></p>  |                                       |
| <p>Limestone Lodge<br/> West Hobbs Street<br/> Athens, AL</p>   | <p>256-233-1224</p>                   |
| <p>Limestone Manor<br/> 600 US Hwy 31S<br/> Athens, AL</p>  | <p>256-232-3900</p>                   |
| <p>Optimist Club of Athens<br/> P.O. Box 91<br/> Athens, AL 35612</p>   | <p>256-233-7977</p>                   |

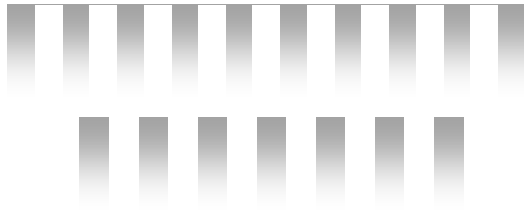


|  |                                  |
|--|----------------------------------|
| Poison Control<br>2112 11 <sup>th</sup> Ave. S.<br>Birmingham, AL 35205<br><a href="http://www.aapcc.org">www.aapcc.org</a>  | 800-222-1222                     |
| Police Department (Athens)<br>951 East Hobbs Street<br>Athens, AL 35611<br><a href="http://athensalabama.us/police-department">http://athensalabama.us/police-department</a> | 256-233-8700                     |
| Polio Support Group  | 256-837-1985                     |
| Project Heat of Limestone County, Inc.<br>(Applications may be picked up at DHR<br>1007 West Market Street<br>Athens, AL   |                                  |
| Project OASIS Rehabilitation<br>(Teaching Service for Visually Impaired)   | 256-650-1760                     |
| Red Cross – Limestone County Chapter<br>P.O. Box 712<br>Athens, AL 35612   | 256-232-6820<br>256-232-7938 Fax |
| Rehabilitation Services<br>Huntsville District Office<br>3000 Johnson Road<br>Huntsville, AL 35805   | 256-650-1700<br>800-671-6840     |
| Rescue Squad (Athens-Limestone County)<br>P.O. Box 516<br>Athens, AL 35612   | 256-232-6574                     |

|  |   |
|--|---|
| Retired Senior Volunteer Program (RSVP)<br>409 West Washington Street<br>Athens, AL<br>P.O. Box 852 – Athens, AL 35612<br><a href="http://www.al-rsvp.com">www.al-rsvp.com</a> | 256-232-7207<br>256-232-8842 Fax                    |
| Salvation Army<br>701 Hwy. 31 South<br>Athens, AL  | 256-233-1614  |
| SAV-A-Life of Limestone County<br>206 S. Madison St.<br>Athens, AL 35611   | 256-233-5775  |
| SHIP – State Health Insurance Program<br>(Provides free health insurance counseling)<br>Local SHIP   | 256-830-0818<br>256-830-0843 Fax<br>256-233-6412    |
| Silver-Haired Legislature<br>5075 Research Dr. N.W.<br>Huntsville, AL 35805<br><a href="http://www.tarcog.org">www.tarcog.org</a>  | 256-830-0818  |
| Social Security Administration<br>717 McGlathery Lane, SE<br>Decatur, AL 35601   | 256-340-9751<br>800-772-1213<br>TDD<br>800-325-0778 |
| Stroke or Stroke Support Group (Huntsville)  | (256) 533-8500                                      |



|  |   |
|--|---|
| <p>Substance Abuse Hotline<br/>         NCADD<br/>         3005 Fairwest Place<br/>         Montgomery, AL 36108</p>   | <p>800-SOBER-90<br/>         800-702-3790</p>                               |
| <p>Survivors of Suicide</p>  | <p>256-716-1000</p>   |
| <p>TARCOG Area on Aging<br/>         5075 Research Dr. NW<br/>         Huntsville, AL 35805</p> <ul style="list-style-type: none"> <li>◆ Caregiver assistance</li> <li>◆ Employment program for older workers</li> <li>◆ In-home assistance (Medicaid waiver)</li> <li>◆ Long-term care ombudsman</li> </ul> | <p>256-830-0818<br/>         256-830-0843 Fax<br/>         800-243-5463</p> |
| <p>Technical Assistance for Special Consumers<br/>         (TASC)</p>  | <p>256-859-8300</p>   |
| <p>United Way of Athens and Limestone County<br/>         419 S. Marion Street<br/>         Athens, AL 35611</p> <hr/> <p>To get help during a crisis, dial 2-1-1 or toll free<br/>         at 1-888-421-1266 or<br/>         Visit <a href="http://211ConnectsAlabama.org">211 ConnectsAlabama.org</a></p>  | <p>256-233-2323<br/>         256-232-2373</p>                               |



## Veterans

American Legion

P.O. Box 45

Athens, AL 35612

American Legion Building

124 Cloverleaf Drive

Athens, AL 35611

256-232-6233

Floyd E. "Tut" Fann State Veterans Home

256-852-5170

VA Benefits Information

800-827-1000

VA Hospital Birmingham

800-872-0328

Veterans Affairs

1109 W. Market St.

P.O. Box 9

Athens, AL

256-233-6459

256-233-6423 Fax

Veterans of Foreign Wars (V.F.W.)

16774 Lon Rd

Athens, AL 35613

256-233-1067

Vietnam Veterans of America

Chapter 511

17953 West Elm Street

Athens, AL 35611

256-230-9511

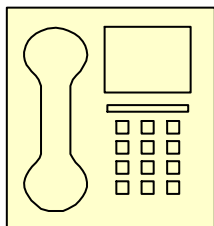
## Toll Free Numbers

|   |                                  |
|---|----------------------------------|
| AARP Pharmacy Customer Service          | 1-800-456-2277                   |
| AARP Legal Services                     | 1-866-330-0753                   |
| AIDS Confidential Testing               | 1-800-584-8183                   |
| Alabama Medicaid Agency                 | 1-800-688-7989                   |
| Alcohol and Drug Helpline               | 1-800-521-7128                   |
| Alcoholism                              | 1-888-590-2301                   |
| Alzheimers Association                  | 1-800-272-3900                   |
| American Cancer Society                 | 1-800-227-2345<br>1-877-530-6327 |
| American Diabetes Association           | 1-800-342-2383                   |
| American Foundation for the Blind       | 1-800-232-5463                   |
| American Heart Association              | 1-800-242-8721                   |
| American Kidney Fund                    | 1-800-638-8299                   |
| American Liver Foundation               | 1-800-GO-LIVER                   |
| American Lung Association of Alabama    | 1-800-586-4872                   |
| American Stroke Association             | 1-800-4-STROKE                   |
| Arthritis Foundation                    | 1-800-283-7800                   |
| Better Business Bureau of North Alabama | 1-800-239-1642                   |
| Breast Cancer Support                   | 1-800-221-2141                   |
| Cancer Information Services             | 1-800-422-6237                   |
| Cancer Support Hotline                  | 1-800-433-0464                   |
| Center for Disease Control (CDC)        | 1-800-232-4636                   |
| Consumer Protection Agency              | 1-800-392-5658                   |
| Cystic Fibrosis Foundation              | 1-800-344-4823                   |
| Depression Awareness                    | 1-800-421-4211                   |
| Elder Abuse Hotline (State DHR)         | 1-800-458-7214                   |
| Epilepsy Foundation                     | 1-800-332-1000                   |
| Hear Now                                | 1-800-648-4327                   |
| Housing Discrimination Hotline          | 1-800-669-9777                   |

## Toll Free Numbers, Page 2

|  |                                    |
|--|------------------------------------|
| Leukemia & Lymphoma Society                | 1-888-955-4572                     |
| IRS Federal Taxes                          | 1-800-829-1040                     |
| IRS Tax Forms                              | 1-800-728-3676                     |
| Marrow Donor Program                       | 1-800-627-7692                     |
| Medicaid Hotline<br>TTY-TTD                | 1-800-362-1504<br>1-800-486-2048   |
| Medicare Hotline                           | 1-800-633-4227                     |
| Mental Health Association (National)       | 1-800-969-6642 &<br>1-800-273-TALK |
| Multiple Sclerosis Society-Alabama Chapter | 1-800-344-4867                     |
| National Aids Hotline - Alabama            | 1-800-228-0469                     |
| National Domestic Violence Hotline         | 1-800-621-HOPE<br>1-800-621-4673   |
| National Eye Care Project                  | 1-800-222-3937                     |
| National Institute on Aging                | 1-800-222-2225                     |
| National Poison Control Center             | 1-800-222-1222                     |
| National Substance Abuse Helpline          | 1-800-521-7128                     |
| Panic Disorder                             | 1-800-374-2721                     |
| Recordings for the Blind                   | 1-800-221-4792                     |
| Substance Abuse Hotline                    | 1-800-702-3790                     |
| United Cerebral Palsy Association          | 1-800-872-5827                     |
| VA Benefits Information                    | 1-800-827-1000                     |
| VA Hospital Birmingham                     | 1-800-872-0328                     |

### Frequently Used Numbers



| Name | Number |
|------|--------|
|      |        |
|      |        |
|      |        |



Notes:

A large rectangular area designed for taking notes. It features a decorative border composed of small, light-colored circles. The interior of the rectangle is divided into ten horizontal sections by thin black lines, providing a structured space for writing.

# ***Area Agency on Aging***



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answers on aging!**



*Assistance, Advocacy, Answers on Aging.*

**TOP OF ALABAMA  
REGIONAL COUNCIL  
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**1.800.243.5463**